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Lecture title

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1. INTRODUCTION

In this lecture we talked about convexity, and some inequalities that follows as a result of it. We started off with an elegant proof of Caucy-Schwarz inequality. We then defined convexity for general functions, and then studied various equivalent characterizations for special classes (continuos functions, differentiable functions etc...) of functions and proved a fundamental inequality satisfied by convex functions called Jensen's inequality. Finally, we used Jensen's inequality to prove Holder's inequality.

2. Cauchy-Schwarz Inequality

Theorem 2.1 (Caucy-Schwarz Inequality). Suppose $a, b \in \mathbb{R}^n$, then

$$\boldsymbol{a}^T \boldsymbol{b} \leq \|\boldsymbol{a}\| \|\boldsymbol{b}\|.$$

Proof. We first observe that it is sufficient to prove the above inequality when the vectors have unit norm ||a|| = 1 = ||b||. This is because if a, b don't satisfy the unit norm condition, then we can apply the above inequality to the vectors $\frac{a}{||a||}, \frac{b}{||b||}$.

We therefore assume without loss of generality that $\|\boldsymbol{a}\| = 1 = \|\boldsymbol{b}\|$. Now we note the following simple inequality

$$xy \le \frac{x^2 + y^2}{2}, \forall x, y \in \mathbb{R}.$$

We start from the left hand side

$$\boldsymbol{a}^{T}\boldsymbol{b} = \sum_{i} a_{i}b_{i}$$

$$\leq \sum_{i} \frac{a_{i}^{2} + b_{i}^{2}}{2}$$

$$= 1/2 \sum_{i} a_{i}^{2} + 1/2 \sum_{i} b_{i}^{2}$$

$$= 1.$$

The last inequality follows from the unit norm assumption.

3. Convexity and Jensen's Inequality

Definition 3.1 (Convexity of a set). A set $K \subset \mathbb{R}^n$ is said to be a convex set if $\forall x, y \in K, \lambda \in [0, 1]$

$$\lambda \boldsymbol{x} + (1 - \lambda) \boldsymbol{y} \in K.$$

In words, a set K is convex if for any two points $x, y \in K$, the line segment joining x and y is also contained in K.



Now we define what it means to say that a function is convex.

Definition 3.2 (Convexity of a function). A function $f : K \to \mathbb{R}$ is said to be convex function if dom(f) = K is a convex set, and $\forall x, y \in K, \lambda \in [0, 1]$

$$f(\lambda \boldsymbol{x} + (1-\lambda)\boldsymbol{y}) \le \lambda f(\boldsymbol{x}) + (1-\lambda)f(\boldsymbol{y}).$$

When $f : \mathbb{R} \to \mathbb{R}$, this means that the line segment joining f(x) and f(y) is above the function f. Therefore, in this case, we have for all $x, y \in \mathbb{R}$ and $z \in [x, y]$

$$f(z) \le f(x) + \frac{f(y) - f(x)}{y - x}(z - x).$$

We now give some equivalent characterizations of convexity which are easier to verify. Continuous functions: If f(x) is a continuous function, then f(x) is convex iff for all $x, y \in K$

$$f(\frac{\boldsymbol{x}+\boldsymbol{y}}{2}) \leq \frac{f(\boldsymbol{x}) + f(\boldsymbol{y})}{2}$$

That is, if a function is continuous, then to check if it is convex, we can take $\lambda = 1/2$ in the definition of convex functions.

Differentiable functions: If $f : \mathbb{R} \to \mathbb{R}$ is differentiable, then f is convex iff for all $x, y \in \mathbb{R}$,

$$f(x) \ge f(y) + f'(y)(x - y).$$

Proof. In one direction, we have from the convexity of f

$$f(x) - f(y) \ge \frac{f(\lambda x + (1 - \lambda)y) - f(y)}{\lambda}$$

Now letting $\lambda \to 0$ we get that $f(x) - f(y) \ge f'(x)(x - y)$. For the other direction, let $z = \lambda x + (1 - \lambda)y$. We then have

$$f(x) \ge f(z) + f'(z)(x - z)$$

$$f(y) \ge f(z) + f'(z)(y - z)$$

Multiplying the first inequality by λ , the second one by $1 - \lambda$ and adding the two gives

$$\lambda f(x) + (1 - \lambda)f(y) \ge f(z) = f(\lambda x + (1 - \lambda)y)$$

Twice Differentiable functions: If a function f is twice differentiable, then f is convex iff for all x in the domain of f

 $f''(x) \ge 0.$

This immediately implies that $f(x) = e^x$ and $f(x) = -\log x$ are convex functions.

Remark 3.3. Even when a convex function is not differentiable (e.g. f(x) = |x|), there is a relaxation of the notion of the derivative(s) for a convex function. At any point x in the domain, we can assign a non empty convex set of subderivatives, denoted by $\partial f(x)$, such that any $c \in \partial f(x)$ satisfies

$$f(x) \ge f(y) + c(x - y).$$

We now state some inequalities for $f(x) = e^x$ that we can now prove that are often very useful. Since e^x is a convex function which is differentiable, we have that for all x, y,

$$e^y \ge e^x + e^x(y - x)$$

Taking x = 0, we immediately get that for all $y \in \mathbb{R}$

(1)
$$1+y \le e^y$$

Next, using the definition of convexity, we have for all $x, y \in \mathbb{R}$ and $z \in [x, y]$

$$e^{z} \le e^{x} + \frac{e^{y} - e^{x}}{y - x}(z - x).$$

Letting x = 0, y = 1, we have for all $z \in [0, 1]$

(2)
$$e^z \le 1 + (e-1)z.$$

The above results readily generalizes to multidimensional case. Before we state the results, let us first introduce some notations. For a function $f : \mathbb{R}^n \to \mathbb{R}$, we define the gradient of f at $\boldsymbol{x} = (x_1, ..., x_n) \in \mathbb{R}^n$ to be

$$\nabla f(\boldsymbol{x}) \coloneqq (\frac{\partial f}{\partial x_1}, .., \frac{\partial f}{\partial x_n}).$$

This is the generalization of the notion of derivative for functions defined on \mathbb{R} . The multivariate notion of second derivative is called the Hessian of f. Hessian of f at $\boldsymbol{x} = (x_1, ..., x_n) \in \mathbb{R}^n$ is the the $n \times n$ matrix

$$\nabla^2 f(\boldsymbol{x}) := \left(\frac{\partial^2 f}{\partial x_i \partial x_j}\right)_{ij}$$

We are now ready to state the results in the multidimensional case.

Differentiable functions: If $f : \mathbb{R}^n \to \mathbb{R}$ is differentiable, then f is convex iff for all $x, y \in \mathbb{R}^n$,

$$f(\boldsymbol{x}) \ge f(\boldsymbol{y}) + \nabla f(\boldsymbol{y})^T (\boldsymbol{x} - \boldsymbol{y}).$$

Note that as in the remark 3.3 for the single variable case, even if a convex function is not differentiable, at any point \boldsymbol{y} in the domain, we assign a non-empty convex subset $\partial f(\boldsymbol{y}) \subset \mathbb{R}^n$ of subgradients. Furthermore, for any $\boldsymbol{v} \in \partial f(\boldsymbol{y})$ the following holds

$$f(\boldsymbol{x}) \geq f(\boldsymbol{y}) + \boldsymbol{v}^T(\boldsymbol{x} - \boldsymbol{y}).$$

Twice Differentiable functions: If a function f is twice differentiable, then f is convex iff for all x in the domain of f and all $\zeta \in \mathbb{R}^n$

$$\boldsymbol{\zeta}^T(\nabla^2 f(\boldsymbol{x}))\boldsymbol{\zeta} \ge 0.$$

Jensen's inequality. Now we can state and prove a fundamental inequality satisfied by convex functions, from which most other inequalities can be derived.

Theorem 3.4 (Jensen's Inequality). Suppose f is a convex function $f : \mathbb{R}^n \to \mathbb{R}$, and $X \in \mathbb{R}^n$ is a random variable. Then

$$f(\mathbf{E}\,X) \le \mathbf{E}\,f(X).$$

Proof. From the convexity of f, we have for all \boldsymbol{y}

$$f(X) \ge f(\mathbf{E} X) + \nabla f(\mathbf{E} X)^T (\boldsymbol{y} - \mathbf{E} X).$$

Since the above inequality holds deterministically for all y, we can replace y with X to get

$$f(X) \ge f(\mathbf{E}X) + \nabla f(\mathbf{E}X)^T (X - \mathbf{E}X).$$

The above inequality should also hold in expectation. This gives

$$\mathbf{E} f(X) \ge \mathbf{E} (f(\mathbf{E} X) + \nabla f(\mathbf{E} X)^T (\boldsymbol{y} - \mathbf{E} X))$$

= f(\mathbf{E} X).

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Remark 3.5. This proof goes through even for non differentiable functions by using subdyadients. We can replace $\nabla f(\mathbf{E} X)$ in the above proof by any subgradient $\mathbf{v} \in \partial f(\mathbf{E} X)$.

4. Holder's Inequality

Now we use Jensen's inequality and ideas from Cauchy-Schwarz inequality to prove a generalization of the latter. For $\boldsymbol{x} \in \mathbb{R}^n$, we let $\|\boldsymbol{x}\|_p := (\sum_i |x_i|^p)^{1/p}$. We extend this to $p = \infty$ by letting $\|\boldsymbol{x}\|_{\infty} = \max_i |x_i|$. Holder's inequality states the following

Holder's Inequality: Let $a, b \in \mathbb{R}^n$. Further $\infty > p \ge 1$ be any number and $q \ge 1$ be such that $\frac{1}{p} + \frac{1}{q} = 1$. Then

$$\boldsymbol{a}^T \boldsymbol{b} \leq \|\boldsymbol{a}\|_p \|\boldsymbol{b}\|_q.$$

To prove this, we mimic the proof in the first section. One key additional inequality we will need is stated in the following lemma.

Lemma 4.1 (Young's Lemma). For scalars $x, y \ge 0$ and $p, q \in (0, \infty)$ such that $\frac{1}{p} + \frac{1}{q} = 1$,

$$xy \le \frac{x^p}{p} + \frac{y^q}{q}$$

Proof. Let us rewrite the above inequality in a way such that we can apply Jensen's inequality. Taking the logarithm on both sides, we see that the inequality is equivalent to

(3)
$$\log x + \log y \le \log \left(\frac{x^p}{p} + \frac{y^q}{q}\right)$$

With the goal of writing left hand side as an expectation of a random variable, and since $\frac{1}{p} + \frac{1}{q} = 1$, we rewrite (3) as

$$\frac{1}{p}\log x^p + \frac{1}{q}\log y^q \le \log\left(\frac{x^p}{p} + \frac{y^q}{q}\right).$$

Finally, multiplying throughout by -1, we have

$$-\frac{1}{p}\log x^p - \frac{1}{q}\log y^q \ge -\log\left(\frac{x^p}{p} + \frac{y^q}{q}\right)$$

This immediately follows by apply Jensen's inequality to the convex function $f(x) = -\log x$ and the random variable $X = \begin{cases} a^p & \text{w.p.} & \frac{1}{p} \\ b^q & \text{w.p.} & \frac{1}{q} \end{cases}$.

We are finally ready to prove Holder's inequality.

Theorem 4.2 (Holder's inequality). Let $a, b \in \mathbb{R}^n$. Further $\infty > p \ge 1$ be any number and $q \ge 1$ be such that $\frac{1}{p} + \frac{1}{q} = 1$. Then

$$\boldsymbol{a}^T \boldsymbol{b} \leq \|\boldsymbol{a}\|_p \|\boldsymbol{b}\|_q$$
 .

Proof. As in the proof Cauchy-Schwarz inequality, we note that without loss of generality, we can assume $\|\boldsymbol{a}\|_p = 1 = \|\boldsymbol{b}\|_q$. Now,

$$\boldsymbol{a}^{T}\boldsymbol{b} = \sum_{i} a_{i}b_{i}$$

$$\leq \sum_{i} \frac{a_{i}^{p}}{p} + \frac{b_{i}^{q}}{q} \text{ (by Young's Lemma)}$$

$$= 1/p \sum_{i} a_{i}^{p} + 1/q \sum_{i} b_{i}^{q}$$

$$= 1/p + 1/q \text{ (since } \|\boldsymbol{a}\|_{p} = 1 = \|\boldsymbol{b}\|_{q})$$

$$= 1.$$

HW 1 (Triange Inequality): Prove triangle inequality for p norms. That is, prove that for any $p \ge 1$ and $a, b \in \mathbb{R}^n$,

$$\|\boldsymbol{a} + \boldsymbol{b}\|_p \le \|\boldsymbol{a}\|_p + \|\boldsymbol{b}\|_p$$

HW 2 (Generalized Means Inequality): For all $a, b \ge 0$, prove that

$$M_p = \left(\frac{a^p + b^p}{2}\right)^{1/p}$$

is an increasing function of p. Here p is allowed to take all real values.